



Dorint

Royal Golfresort & Spa
Camp de Mar • Mallorca



“Royal Spa”

Beauty • Wellness • Fitness



ENGLISH



Dear Guest,

our aim at the Royal Spa is to offer you an individual and comprehensive wellness program to help you relax and get the most from our top class fitness studio. Simply switch off and escape from the daily routine.

Our qualified spa staff are available to give you their expert advice on fitness, beauty and massage. There are fresh bathrobes and towels available for guests, fresh fruit and private lockers free of charge.

For more information on the spa etiquette, advice and appointments, please visit us at the Royal Spa & Wellness reception.

We look forward to welcoming you!

Your Royal Spa team

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Ligne St Barth

Facial treatments

Let your dreams come true ... the Ligne St Barth production laboratory is located on St. Barthélemy, one of the most beautiful islands of the Caribbean. It is owned and operated by the Brins family whose French ancestors settled on the island in the 17th century. An extensive and well-founded knowledge of traditions handed down by the indigenous peoples of the Caribbean is here combined with the latest in scientific advances and modern technology.

The beauty products of St Barth are appreciated by the professionals of the beauty industry for their exceptional quality and their originality.

Treat yourself to a wonderful experience: Immerse yourself in a gentle world of tropical freshness!

Pureness

Relaxing and restorative face, neck, chest and hand treatment.

Relaxation time approx. 60 min.

85,- €

Freshness

Pure power! The natural energy of the Caribbean ingredients in combination with freshly prepared fruit masks enriches the skin with natural enzymes and vitamins. The result is a wonderfully fresh, smooth and even skin structure.

Relaxation time approx. 90 min.

120,- €

Body treatments

These skin-care rituals come directly from the Caribbean Islands to our spa cabins! Enjoy the natural beauty secrets of the Tropics with skin-care products by St Barth.

Softness

This special recipe of Caribbean Sea sand and hydrating oils purifies and regenerates the skin, leaving it wonderfully structured. Ideally suited as an initial treatment.

Relaxation time approx. 30 min.

45,- €

Softness & Harmony

Body peeling with vitamin power! A hydrating cocktail with rich oils, fresh papaya, shower peeling and Caribbean Sea sand. Cleans and nourishes while restoring lost vitamins. To round it off, we will pamper you with a “creaming application ritual” – the ideal treatment before sunbathing for an even “Caribbean” tan.

Relaxation time approx. 55 min.

79,- €

For Slimming and Inch Loss

Pleasant and decongestant leg massage.

Relaxation time approx. 30 min.

55,- €

Harmony

Pampering body massage with different oils carefully synchronised with each other in their effectiveness.

Relaxation time approx. 50 min.

75,- €

St Barth Dream – exotic beauty baths

Relaxing underwater massage with light elements and nourishing oils such as coconut and avocado.

Relaxation time approx. 20 min.

47,- €







Aromatic Spa Mosaik

Aroma Rituel

This complete treatment begins with a gentle peeling. Then your body is embalmed with aroma oils and a treatment mask specially tailored to the characteristics of your skin. While we let this take its effect, a relaxing aroma massage for head or feet is carried out in order to transport you into a state of complete relaxation.

Aroma Rituel Detoxifiant & Drainant

The detoxifying seaweed mask rich in minerals targets deposits of fat and reduces water accumulation. The result: a slimmer figure, smoother skin and the feeling of having really recharged the batteries.

Relaxation time approx. 85 min.

105,- €

Aroma Rituel Stimulant & Dynamisant

Stimulating care treatment that improves the blood supply to your body tissue and activates the removal of accumulated liquids. Your body is thoroughly revitalised with cypress and other aromatic oils.

Relaxation time approx. 85 min.

105,- €

Aroma Rituel Relaxant

Pure relaxation and care. This aroma treatment with calming oils such as sandalwood and incense has not only a unique, relaxing effect, but also refines your skin and supplies your body skin with moisture.

Relaxation time approx. 85 min.

105,- €

Aroma Rituel Tonifiant

Toning and tautening aroma wrap with anti-aging effect. You will emerge from this care cocoon with a revitalised body and silky-soft skin.

Relaxation time approx. 85 min.

105,- €

Carita



Facial treatments

Rosy and Maria Carita were the first to make the concept of global beauty a reality. They were absolute perfectionists, always demanding that special touch and above-average quality. For them, all-round beauty meant hairstyle, skincare, body care, make-up and accessories. The Maison de Beauté became the first day spa worldwide. Find out more about our new “Gold Edition”.

Rénovateur: A unique product made of sunflower seeds and essential oils was developed in 1960 by the Carita sisters and is still today at the heart of every single Carita treatment. Applied during a relaxing face massage, it results in wonderfully refined, soft and unbelievably radiant skin!

Profilifting: A unique face-lifting appliance with which your skin receives an in-depth cleansing while intensively channelling in moisture and smoothing and tautening your facial skin.

Intense hydration

The solution for very dry, dehydrated, unbalanced and stressed skin. After a relaxing massage with Rénovateur Carita, we clean your skin thoroughly. The result: Your skin recaptures its radiance and luminosity. A wonderful massage with a special mix of different products chosen especially for their suitability for your skin type nourishes and revitalises your skin. Finally, all the active substances are fed into the skin using the Profilifting method, thus achieving in-depth moisturising, balance and restructuring.

Relaxation time approx. 70 min.	105,- €
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Relaxation time (incl. Profilifting) approx. 100 min.	150,- €
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Lift Fermeté

A veritable face-lift effect without an operation is what this extraordinary Carita treatment offers you. Firstly, your skin is refined, then a relaxing massage is carried out which gives your skin all the nourishment it requires. Cleansed, comfortable and thoroughly moisturised, your skin is finally ideally prepared to be “modelled”. With Profilifting your skin is thoroughly worked on to achieve a “modelling” effect and give it the form and firmness of years gone by. Wrinkles are smoothed out and fine lines disappear as if by magic.

Anti-aging treatment, approx. 85 min.	130,- €
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Anti-aging treatment (incl. Profilifting), approx. 115 min.	165,- €
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Body treatments

Stone energy

Stress and tension are relieved by this massage, the energy flow is harmonised, body and skin replenish their resources and gain a sensation of well-being and vitality.

Relaxation time approx. 55 min.	85,- €
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Carita golf relaxation

Relaxation and well-being after your round of golf! After releasing shoulders and the neck area, a pleasant massage will be applied to your hands, fingers and arms. Then hot lava stones will relax the muscles in your back. This treatment offers exceptional well-being with the aid of hot volcanic stones and oils. All tensions are liberated and internal equilibrium returns.

Relaxation time approx. 55 min.	85,- €
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Beauty

Additional beauty treatments

All manicures include a hand massage

Manicure, approx. 45 min.	40,- €
French manicure, approx. 50 min.	46,- €
Spa manicure with hand peeling and mask, approx. 55 min.	51,- €

All pedicures include a caring spa peeling and foot massage

Pedicure, approx. 55 min.	51,- €
French pedicure, approx. 60 min.	61,- €
Spa pedicure with foot peeling and mask, approx. 75 min.	61,- €
Pedicure "deluxe" with soothing foot zone massage, approx. 85 min.	97,- €

Eyelash and eyebrows tint, approx. 25 min.	30,- €
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Wax depilation / prices on request	-
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Massages

Swedish massage

This is the oldest, best-known and most widespread form of massage in Europe. The main purpose of this massage is to retain and restore the harmony of the organism by means of regulative touch techniques.

Relaxation time approx. 50 min.	70,- €
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Swedish massage with a back mud wrap

Due to the added therapeutic effect of the mud, we recommend this treatment especially for rheumatic complaints, back pain, headaches and cramped back and neck muscles.

Relaxation time approx. 55 min.	80,- €
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Aroma relaxation massage

This massage gives rise to a synergetic effect whereby activating, relaxing or harmonising effects of the aroma oils are greatly increased.

Relaxation time approx. 50 min.	75,- €
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Relaxation time approx. 85 min.	125,- €
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Sport and golf massage

Especially for those muscles which are used most during sports. Trigger points are also stimulated by means of acupressure. The muscle groups thus treated are relaxed by reflex.

Relaxation time approx. 50 min.	80,- €
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Back massage

Based on the philosophy of the Swedish massage, the back muscles are loosened, freed of tension and relaxed.

Relaxation time approx. 25 min.	46,- €
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Face massage

Relaxing massage for face, neck and chest.

Relaxation time approx. 25 min.	46,- €
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Facial lymphatic drainage

Free flow for the facial area.

Relaxation time approx. 25 min.	46,- €
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Foot zone massage with mud wrap

Massaging the reflex points of the feet stimulates the metabolism of the entire body and the musculoskeletal system is relaxed.

Relaxation time approx. 50 min.	70,- €
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Physiotherapy and lymphatic drainage

The physiotherapy has the effect of building up the muscles and improving mobility. With the lymphatic drainage, swellings and accumulated fluids are rinsed out and a light body feeling is achieved.

Relaxation time approx. 25 min.	50,- €
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Relaxation time approx. 45 min.	70,- €
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Baths

Sea salt bath with underwater massage. Relaxation time approx. 20 min.	40,- €
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Personal training

Would you like to start fitness training, update your sports program, improve your body condition, optimise your body proportions or generally do something for your health? You will achieve the aim of healthy fitness and a feeling of well-being by making an individual training plan with your private trainer. For example: achieving muscle power, improving flexibility, weight control, harmony for body, mind and soul, or heart and circulation training.

Individual training

Professional advice and analysis of your current fitness condition.

Individual training, approx. 55 min.	60,- €
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Vitality fitness package

Analysis, basic arrangement and coaching with your individual fitness plan.

Individual training, approx. 3 x 55 min.	165,- €
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Individual training, approx. 5 x 55 min.	280,- €
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Improve your fitness with “Pro Vib”

“Pro Vib” fitness is achieved with a full-body vibration-training machine which gently but efficiently transfers mechanical vibrations to your whole body – within a minimal training time.

- Effective full-body training
- Supplement for each sport discipline and for each training programme
- Strength training
- More flexibility through stretching

Enquire at the wellness bar!

Finally, allow yourself time for a vitamin cocktail at our Royal Spa & Wellness Bar, or have a sauna, rest or relax.

We will be glad to put together an individual health and wellness package for you and give you a 10% reduction on the total.

We wish you a pleasant stay!

Your Royal Spa & Wellness team

Good to know during your stay

Opening times

Fitness, pool, sauna: daily from 8:00 a.m. until 9:00 p.m.

Beauty & wellness bar: daily from 9:00 a.m. until 8:00 p.m.

Wellness bar

The bar serves vitamin-packed fruit cocktails, soft drinks and snacks.

Fashion & more

At the Royal Spa & Wellness reception we have swimsuits, cosmetic products, etc. available for you.

Gym*

A fitness centre equipped with modern facilities, exclusive "Techno Gym Selection Line" equipment and the "Pro Vib" vibration-training machine. You may also like to enquire about an individual personal training programme, etc. The current fitness schedule (back exercises, lower body workout, Pilates, relaxation, etc.) is available at the Royal Spa & Wellness reception.

Sauna & pool world*

Finish sauna, steam bath, ice cave and tepidarium. Spacious indoor pool with bubble chairs, massage jets, neck shower, whirlpool and massage beds. Children and teenagers are welcome daily from 8:00 a.m. until 6:00 p.m., afterwards this area is a place of tranquillity.

Doris Steeb Hairstyling

Treat yourself to a major or minor change of hairstyle in a relaxed atmosphere with a perfect trim, new colour effects, innovative ideas or just a blow-dry ... indulge yourself!

Cancellation

For cancellations please notify us at least four hours in advance, or the full amount will be charged to your room!

Specials for friends

We will be happy to arrange individual subscriptions for spa membership as well as day arrangements for friends who would like to get to know our hotel.

The publication of this brochure renders all previous prices invalid. Subject to alterations; errors excepted.

* free of charge for hotel guests



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You'll be back.