

Dorint

Royal Golfresort & Spa
Camp de Mar • Mallorca



Beauty & Spa

2008/2009

ENGLISH





Dear guests,

In our “Royal Spa”, we would like to give you the opportunity to bring your body, mind and soul completely in harmony and in this way during your stay to complement work or holidays or just spoil yourself with one of our various wellness packages. We offer you a large variety of applications and our professional staff will compose fitness, beauty and massage applications carefully and individually for you considering your special wishes and preferences. Furthermore, we offer you fresh fruits, cool water in the fitness area, towels, lockers and beauty products.

Opening hours

Pool and fitness	daily from 08.00 till 21.00 hours
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Sauna	daily from 09.00 till 21.00 hours
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Beauty	daily from 09.00 till 20.00 hours
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**Our team will be pleased to inform you about our complete offer! Phone: +34 971 628 271 • Fax: +34 971 136 070
E-Mail: Spa.Mallorca@dorint.com**

Personal Training

Would you like to start fitness training, update your sports program, improve your body condition, optimize your body proportions or generally do something for your health? You will achieve the aim of healthy fitness and a feeling of well-being by making an individual training plan with your private trainer.

- Back Strengthening Gym
- Heart - Circulation - Training (pulse oriented)
- Harmony of Body, Mind and Soul
- Weight Control
- Achieving Muscle Power
- Improving Flexibility

Private Training

Professional advice and motivation. Analysis of your recent fitness condition.

55 min./60.- €



Maha Cosmetics

Hand & Foot Treatments

Manicure 45 min.	40.- €
Spa Manicure 45 min. (with hand peeling and coco mask)	51.- €
Pedicure 55 min.	51.- €
Spa Pedicure 75 min. (with foot peeling & coco mask)	61.- €
Pedicure "deluxe" 85 min. (with foot reflexology)	97.- €

Ligne St. Barth

Toiny – Face treatment

Natural ingredients, selected for their particularly valuable and rich characteristics, are gently applied. The treatment effects balancing, lasting calm and enriches the skin with moisture.

55 min./85.- €

Margiot – Face treatment

Pure Power! Because of the natural energy of the Caribic ingredients in combination with freshly prepared fruit masks, the skin gets enriched with natural enzymes and vitamins. For a remarkable younger and fresher tan.

85 min./120.- €

Corossol – Body treatment

Body peeling with vitamin power! Hydrating cocktail with rich oils, yoghurt, fresh papaya and Caribbean Sea sand. Cleans, nourishes and brings back lost vitamins. Optimal before sunbathing, for an equal Caribbean tan.

55 min./79.- €



Decléor

Aromaplastie – Face treatment

Standard treatment without in-depth cleansing. Introduction to the world of ethereal oils. With this treatment you discover the beneficial effect of ethereal oils, which are carefully selected and matched to suit the individual characteristics of your skin type. Typical for this treatment is the wearing of a moisturizing, revitalizing 100% natural mask made of flax powder, wheat germ and sunflower seeds.

55 min./85.- €

Aroma Energisant Homme

Face treatment incl. in-depth cleansing

With this beauty treatment tailored to the requirements of sensitive male skin, you will discover the beneficial effect of the carefully selected essential oils. These are rubbed in by means of a manual technique derived from the Asian “Shiatsu” massage, and stimulate the circulation of energy flows, banishing tiredness, stress and tension.

55 min./61.- €

Aroma Rituel – Body treatment

This complete treatment begins with a gentle peeling using pulverized herbs. Then your body is embalmed with aroma oils in a unique manner, and a treatment mask specially tailored to the characteristics of your body skin is worn. While we let this take its effect, a relaxing aroma massage for head or feet is carried out in order to take you to a state of complete relaxation.

85 min./105.- €





Carita

Lift Fermete – Face treatment

A veritable face-lift effect without the operation is what this extraordinary Carita treatment offers you. With Prolifting your skin is thoroughly worked on to achieve a “modeling” and give it the form and firmness of years gone by. Wrinkles are smoothed out and fine lines disappear as if by magic.

85 min./130.- €

Stone Energy – Body treatment

The Stone Energy body treatment is a perfect retreat from everyday life. Stress and tension are relieved, the energy flow harmonized, body and skin replenish their resources and gain a sensation of well-being and vitality. Intensive cleaning of skin with Renovateur, mineralizing full body wrap and relaxing massage with hot and cold volcanic stones from Hawaii.

85 min./130.- €

Carita Golf Relaxation – Body treatment

Relaxation and well being after your round of golf!

After releasing shoulders and the neck area, a pleasant massage will be applied to your hands, fingers and arms. This treatment offers exceptional well being with the aid of hot volcanic stones and oils. All tensions are liberated and internal equilibrium returns.

55 min./85.- €



Massage & Therapy

St. Barth Massage

Based on Swedish massage. Due to the massage, the warmth and the relaxation, the Caribbean Oil can unfold completely and the harmonizing effect multiplies.

50 min./75.- €

Foot Reflexology Massage with mud mask

A traditional technique, stimulating the whole organism by mobilizing the feet joints and massaging the reflex points of the feet.

50 min./70.- €

Aromatherapy

The use of essential oils for spiritual and therapy purposes has a 5000-year-old history. Due to the massage, the warmth and relaxation, a synergetic effect occurs, which raises the activating, relaxing or harmonizing effects of the aroma oils.

50 min./75.- €

85 min./125.- €





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Calle Taula 2 • E-07160 Camp de Mar/Mallorca

Phone: +34 971 1365-65 • Fax: +34 971 1360-70

E-Mail: info.mallorca@dorint.com • www.dorint.com/mallorca

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You'll be back.

